



SAFETY PLAN

1. CLASSIFICATION OF THE COMPETITION AND/OR EVENT

For the classification of the risk level we referred to what results from the GAMES platform of Areu Lombardia. Attachment A shows the classification of the resulting risk.

2. GENERAL INFORMATION

This report aims to illustrate the technical and safety aspects in general, both in the area dedicated to the structures used for registration/office duties and awards ceremony and along the race route for the temporary international event called "LIMONEXTREME", a Skyrace sports event divided into 4 races:

- **Vertical Kilometer Gréste de la Mùghera (Vk)**
- **10 km**
- **LimoneXtreme Skyrace**
- **The SkyMasters**

This event mainly takes place in the inland area of Limone sul Garda and also involves the towns of Ledro, Riva del Garda and Tremosine del Garda.

The main services are located on Via Lungolago Marconi: start/finish line (excluding that of the Vertical Kilometer), final refreshment area, awards area, first aid area, Brand Village and other dedicated services.

The event is organized by Associazione Dilettantistica Società Sportiva Limonese, with headquarters in Limone sul Garda.

This report has been prepared with reference to the attached illustrations and any other annotation able to identify the consistency, path of escape routes and fire-fighting equipment, in compliance with current legislation and in particular as prescribed by the D.M. 19/08/1996, to the fire prevention technical directives applicable in the cases indicated below.

DATA	DESCRIPTION
Name of the Event	LIMONEXTREME
Place and Address of the Event	Lungolago Marconi - 25010 Limone sul Garda
Date and Duration of the Event	October 18, 2019, from 5:00 pm to 8:00 pm October 19, 2019, from 9:00 am to 7:00 pm
Name of the Association	A.D.S. S.S. Limonese via Capitelli, 11 - 25010 - Limone sul Garda (Bs)
President of the Association	Fabiano Bertera
Race Manager	Giovanni Fedrici
Alpine Guide Responsible for the Route	Davide Spini



3. IDENTIFICATION OF AREAS OCCUPIED DURING THE EVENT

The following areas will be occupied during the event of October 18 and 19.

1. Lungolago Marconi (Attachment Maps5)
2. Tourism Office on Via Caldogno (Attachment Maps5)
3. Palazzetto dello Sport on via Tovo (Attachment Maps5)
4. Piazzale Marconi Parking (Teatro Tenda) (Attachment Maps5)
5. Race Route (Attachment Maps1-2-3-4)

3.1. LUNGOLAGO MARCONI AREA – START/FINISH AREA, FROM THE RAFFI MODE SHOP TO BAR AL LAGO (Attachment Maps5)

The present area will be the location of the start and finish of the races, with the exception of the Vertical Kilometer that will arrive in the "Cima Mughera" zone. Moreover, on Saturday afternoon from 1:30 to 2:30 pm, it will be the location where the awards ceremony will take place (if the weather is good) for the 10km and LimoneXtreme Skyrace races.

Normally this is a limited traffic area and, as per municipal ordinance, will be managed as follows:

- **Friday, October 18:**

from 4:30 to 5:30 pm, the route will be closed to pedestrians and vehicles.

- **Saturday, October 19:**

from 7:30 am to 7:00 pm closed to vehicle traffic.

Access will be permitted and guaranteed only to medical, emergency or assistance and/or service vehicles for the race, subject to authorization and coordination between the race manager and medical facilities. Furthermore, always subject to prior authorization, access will be permitted to golf carts of the Limonese Tourist Consortium, for tourist services.

To allow the event to run smoothly and for the safety of athletes and spectators, barriers will be set up along the race course in the Lungolago Marconi area, from the "Raffi Mode" shop to the Bellavista restaurant, to allow the public to move freely on the sides of the route.

Temporary structures (gazebos) open on at least 3 sides, 5 m x 5 m or smaller in size, will be placed from the starting line entrance to the front of the "Al Lago" Bar. They will be placed on the east side of Via Lungolago Marconi, allowing ample space for the normal course of the event and for pedestrian traffic.

Organization staff will monitor the normal course of the event and will control the access of authorized people to the "start/finish line" defined by the barriers.

3.2. ROOM IN THE TOURISM OFFICE, VIA CALDOGNO (Attachment A)

This room will be used as the race office for registration, accreditation and race pack pick-up. Only authorized staff, identified by an ID card, and athletes who have arrived for the registration procedure will be given access to the premises.



Organization Staff will control access of the people and will check their authorization.

The map of Attachment A identifies the area with all exit routes. In particular, the lower floor will be used by the event.

Event Organizers cannot and will not make any changes to what is illustrated on the attached map.

3.3. PARKING LOT LUNGOLAGO MARCONI (Attachment C).

The area that is normally used for parking will be occupied by temporary structures:

- Teatro Tenda 15m x 45m (see attached plan) for the awards ceremony and final refreshment station. There will be 200 seats inside and a stage 8 m deep and 6 m wide for the awards ceremony.
- Inflatable first aid station.

Organization staff present will monitor people's behavior.

3.4. PALAZZETTO DELLO SPORT, VIA TOVO (Attachment B)

The showers and massage area will be monitored by staff who will check that only authorized persons enter the premises.

3.5. RACE ROUTES

The routes are mostly on hiking trails with some EE classified sections equipped with fixed ropes and/or steel cables, in the most exposed parts.

These routes can be modified at any time to protect the safety of the athletes and race personnel (staff).

- The 10KM race (9.93 km total) is divided into 55.16% (km.5.5) unpaved roads, cart-roads and gravel trails; 44.84% (km.4.42) single tracks with uneven ground, gravel trails, rocky trails and meadows (1 refreshment station plus one on the finish line);
- The LimoneXtreme skyrace, a total of 23 km, is divided into 0.08% (km.1.89) asphalted and paved urban roads, 8.69% (km.2) unpaved roads, cart-roads, and gravel trails; 91.23% (km.19.11) single tracks with uneven ground, gravel trails, rocky trails and meadows (6 refreshment stations plus one on the finish line);
- The Vertical Kilometer Gréste de la Mùghera, a total km 3.7, is divided into 5.4% (km.0.200) asphalted and paved urban roads; 94.6% (km.3.5) single tracks with uneven ground, gravel trails, rocky trails, and meadows (2 refreshment stations plus one on the finish line);
- THE SKYMASTERS route, 27.2 km overall, is divided into 0.07% (km.1.89) asphalted and paved urban roads; 8.45% (km.2.3) unpaved roads, cart-roads, and gravel trails; 91.48% (km.23.01) single tracks with uneven ground, gravel trails, rocky trails, meadows (7 refreshment stations of which one is double, plus one on the finish line).



Refreshment stations are run by authorized personnel. For their positions, please see the Attachments "Maps 1-2-3-4".

Alternative routes, which can also be modified to guarantee the safety of the athletes and the race personnel (staff), are attached.

The races are classified as Skyrace events as they include passages in which it is necessary to use all four limbs, with exposed and/or very technical passages. For this reason, the race is affiliated with FISKY as a mountaineering sport.

The route is reviewed and certified each year by an Alpine Guide, as per the memorandum of understanding between FISKY and CoNaGAI (National College of Italian Alpine Guides). Any fixed ropes will be positioned by the Alpine Guide.

Approximately 100 volunteers will be present to provide assistance along the entire route. Personnel from the Alpine and Speleological Rescue Station (*hereinafter referred to as CNSAS*), Station of Valsabbia and Riva del Garda, will be stationed in the sections where their presence is considered important and fundamental for the safety of the athletes and to allow them to rapidly take action in the event of an accident. The positioning of CNSAS Technicians is decided in total autonomy by the Head of the local Alpine Rescue Service (*Law nr.7421 March 2001*). In addition to CNSAS technicians, paramedical staff will be positioned along the route.

The activities of CNSAS Technicians and paramedical staff will be coordinated by a team based in Limone sul Garda.

There will be 2 ambulances available on both Friday and Saturday. The first, with a doctor on board, will be stationed in the Marconi Parking area, while the second will be stationed in the Fortini / Guil area (based on organizational needs). Their presence will be guaranteed for the entire duration of the event.

All roads in the town when the athletes are passing through are closed to vehicular traffic and presided over by staff (and by local police in the most sensitive points) as per municipal ordinance. Even the mule trails are closed to traffic as per ordinance and are presided over by organization staff. A percentage of the race routes — ranging from 44% of the 10 km event up to 94% of the Vertical Kilometer — takes place primarily on single track paths.

Attached is the map with the positions of volunteers, CNSAS operators, paramedics and ambulances.

Exit routes have also been provided in the case of athletes who have exceeded the maximum times allowed at the checkpoints provided for in the race rules.



Medical staff, rescue personnel and Organizing Committee staff can stop an athlete (even within cut-off times) if the conditions of said athlete are unsafe to continue the race.

Return routes for the race:

Withdrawal from the competition must always be communicated to organization staff along the route that, by assessing the situation, will be able to indicate the safest and most suitable way to return to the finish line (even if on the attached Maps 1-2-3-4 the directions to be taken in case of withdrawal are indicated, the athlete is obliged to speak with organization staff). If the athletes are unable to return on their own, it will be necessary to wait until the end of the race and to return with the volunteer staff positioned along the route.

- **Vertical Kilometer Gréste de la Mùghera:**

Up to km 1.3, the athlete can return independently from the race route he/she just climbed. After that point, the athlete must ALWAYS wait for the volunteers along the route who, according to the instructions given by the Operations Center, will bring the athlete back to the starting line area. Considering the fact that the finish line for the Vertical Kilometer is on Cima Mughera at 1161 meters above sea level, athletes must return to the starting line on foot in groups of at least three persons, all with their head-lamps turned on (mandatory, as per the rules).

- **10 Km:**

Minors who decide not to continue in the race must always contact personnel along the route and wait to be escorted to the starting line.

Up to km 3.50, the return must be made along the same course just traveled uphill. From km 3.50 to Km 5, the return must be made by way of the "Strada dei Pre" mule trail starting at the refreshment station point. From Km 5 onwards, the return must be along the race route.

- **LimoneXtreme Skyrace:**

Up to the second refreshment station, the return must be along the race route. From an altitude of 300 m and above, the athlete must arrive at the third refreshment station and then take Trail 101 leading to "Mulattiera dei Pre" (the only existing mule trail), following the trail downhill 5 or 6 km to reach the starting line area. That trail will be used for the return on the mountainside until the athlete reaches the top of Monte Carone, after which Trail 104 will be taken for the return and leads after a few kilometers to the Mulattiera dei Pre mule trail mentioned above.

Proceeding with the route, there will be two other exit routes with vehicles: the first 100 meters after refreshment station 4 and the second at refreshment station 5. After that, athletes must scrupulously follow the race route to return.

- **The Skymasters:**

Up to the second refreshment station, the return must be along the race route. From an altitude of 300 m and above, the athlete must arrive at the third refreshment station and then proceed along the race course downhill until he/she reaches "Mulattiera dei Pre" (the only existing mule trail). The athlete must follow the trail downhill 5 or 6 km to reach the starting line area. That trail will be used for the return on the mountain until the athlete reaches the top of Monte Carone. Therefore, even during the ascent on the Mulattiera dei Pre mule trail that leads to the fourth refreshment station (Greste de la Mughera Vertical Km route), if the athlete wants to withdraw from the race, he/she must descend along the route until he/she reaches the famous mule trail. After passing the mountain top, the return route will become Trail 104, which after a few kilometers leads to the Mulattiera mule trail mentioned above.

Proceeding with the route, there will be two other exit routes with vehicles: the first 100 meters after refreshment station 5 and the second at refreshment station 6. After that, athletes must



scrupulously follow the race route to return.

A map with exit routes for the return to Lungolago Marconi is attached (Maps1-2-3-4). Before starting the return, the athlete must contact organization personnel along the race route who will assess the situation and give instructions on how to return.

Furthermore, maps of the reserve routes are attached. These routes can in turn be changed to protect the safety of athletes and volunteers. We therefore consider them the expected reserve routes.

Medical staff present along the route:

- Doctor at the Start/Finish line (the Vertical Kilometer arrives elsewhere).
- Ambulance at the Start/Finish line and in the Val Piana/Guil zone (to assist the Vertical Kilometer, LimoneXtreme, The Skymasters);
- Paramedic Staff: Cima Mughera (near the LimoneXtreme and The Skymasters third refreshment station) and Ristoro Traversole (LimoneXtreme fifth refreshment station and The Skymasters sixth refreshment station)

Activities will be coordinated by the Coordination Center in Limone sul Garda.

If necessary, medical assistance can be requested as per the procedure indicated in the paragraph "Procedure in case of CNSAS intervention."

Support App: It is highly recommended to install the "Where Are U" app, which can be downloaded free for both Android and IOS systems. Thanks to this App, it is possible to transmit the exact coordinates of a person's location to the NUE Rescue Center (*Unique Emergency Number*).

Procedure in case of CNSAS intervention: In the event of a medical emergency, which may involve athletes in the race and spectators in general, the user must immediately contact 112 (*NUE Unique Emergency Number*) and state the location and type of accident that has occurred. In the case of a non-active telephone line, contact a first-aid station as soon as possible, providing details of the incident. Afterwards, the Coordination Center in Limone sul Garda must be informed. In the event of a request for assistance of a non-medical nature, a CNSAS Technician must assess the type of request and, once confirmed that the person making the request does not need medical assistance, the Coordination Center located in Limone sul Garda must be informed. Once the information is received, the CNSAS manager, in close collaboration with the Race Manager, will establish the best strategy to assist or accompany the person to the closest urban area (*as per the procedure indicated in the paragraph "Return routes for the race"*).